

Middle School Winter Lunch Menu

December 1, 2025 - March 20, 2026



MON

TUE

WED

THU

FRI

W
E
E
K
A

NEW



**Penne Chicken Alfredo
or Penne Alfredo** ✓

NEW



**Cheese & Beef Nachos
or Cheese Nachos** ✓



**Cinnamon Glazed French
Toast Sticks
& Sausage Patty** ✓



**BYO Beef Burger
or Vegan Burger** ✓

NEW



**Grilled Cheese &
Tomato Soup** ✓

W
E
E
K
B

NEW



**Pasta w/Meatballs &
Garlic Bread or Plant
Based Meatballs** ✓

NEW



**Beef or Turkey
Barbacoa Tacos
or Black Bean Tacos** ✓



**Chicken & Waffles or
Vegan Chicken &
Waffles** ✓



**All Beef Chicago Style
Hot Dog or
Vegan Chicken Nuggets** ✓

NEW



**Orange Chicken & Rice
or Vegan General Tso
Chicken** ✓



**Deep Dish Round
Cheese Pizza** ✓



**Parmesan Cheese
Bites** ✓



**Cheese or
Turkey Pepperoni
Pizza** ✓



**Parmesan Cheese
Bites** ✓



**Homemade
Cheese Pizza** ✓



**Chicken Tenders
w/ Biscuit**



**Chicken
Sandwich**



**Spicy
Chicken
Sandwich**



**Chicken
Sandwich**



**Chicken Tenders
w/ Biscuit**



**Chicken Nuggets
& Biscuit (H)**



**Chicken
Sandwich (H)**



**Chicken
Sandwich (H)**



**Chicken
Sandwich (H)**



**Chicken Nuggets
& Biscuit (H)**



**Chex
Parfait** ✓



**Turkey &
Cheddar
Sub**



**Chicken
Ranch
Salad
w/Tostitos**



**Turkey &
Cheddar
Sub**



**Protein Box
(Egg,
Turkey,
Cheese &
Crackers)**

December						
M	T	W	Th	F		
1	2	3	4	5		
8	9	10	11	12		
15	16	17	18	19		
X	X	X	X	X		
X	X	X				

January						
M	T	W	Th	F		
			X	X		
X	6	7	8	9		
12	13	14	15	16		
X	20	21	22	23		
26	27	28	29	30		

February						
M	T	W	Th	F		
				5	6	
9	10	11	12	13		
X	17	18	19	20		
23	24	25	26	27		

March						
M	T	W	Th	F		
2	3	4	5	6		
9	10	11	12	13		
16	X	18	19	20		
X	X	X	X	X		
30	31					

Nutrition, ingredient, and
allergen information can
be viewed on our app:



Menu Indicators:

✓ Vegetarian or Plant Based Alternate/Option

(H) Certified Halal Food Item.

*AHSD25 kitchens are not Halal Certified

Menu subject to change.